

Paula Muran

Enlightened Master Teacher • Medical Intuitive • Author • Speaker



Simple Satya-Simple Truth

Paula is on a mission to awaken in humanity a deep LOVE that lasts forever. Her example teaches us how to be fully human while embracing the Divine. The messages are simple, yet profound statements of truth and teach us how to “Believe we are Worthy of Love!”

A highly motivating speaker, enlightening audiences with humor, warmth and grounded spiritual wisdom, she inspires us to reach beyond normal levels

of awareness, and to deeply connect to our Divine Self. Her intuitive gifts surpass great mystics — opening doors to enlightenment and wellness. A master in her field, her presence provides a loving energy that gives a personal experience to everyone.

An expert at reading energy, Paula’s strength lies in re-sculpting limiting beliefs into a positive new foundation. Her extraordinary gift is the ability to hone deeply into the core self and identify the underlying causes of unhappiness and fear—helping achieve a new life full of success, prosperity, a healthy body, and a blissful spirit that works with you to define a new spiritual human.

MEDICAL INTUITIVE –

Paula has a passion to inspire people to take better care of their physical body, eat better and live happier lives. Her profound intuitive skills set her apart in a field that is infiltrated with trends, fads and unhealthy diets that yield little or no results. Spanning her 23 year career thousands of people have experienced miraculous healing. Priding herself on being a “practical” medical intuitive, and her “let’s go beyond the symptoms” strategy, allows for true healing to take place.

- To heal we must feel
- Limit daily supplements
- Release the “ownership” of disease
- Strengthen the physical body before exploring emotional patterns

“You are an experience of love.
It’s amazing to be around you.”

Elaine Hoyo
Hynotherapist, NJ

She became enlightened in 1987 under the tutelage of the Hindu spiritual deity Sanatkumara (Lord Muruga) the originator of raja yoga. Chosen as an emissary to promote the profound teachings of Sanatkumara that highlight a simple phrase — ‘Know the Self’. The programs and practices help us walk a more conscious path to self-realization.

Providing easy, yet life-changing tools to integrate into daily routines, she fills a significant void in the western world, where we discover how to transcend disease and suffering into wellness and inner peace. Pioneering the field of emotional healing, she began teaching in the early 1990s, and created **The Sovereign Light System of Emotional Healing** — a healing system that releases ‘negative’ emotional patterning.

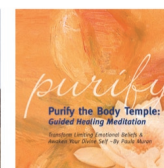
She is a speaker who invigorates her audience with compassion, powerful insights and grounded advice, where people achieve an entirely new level of personal expansion. Holding the key to unlocking the consciousness, Paula has a divine Light and a supreme healing grace that initiates those who seek to awaken and transform.



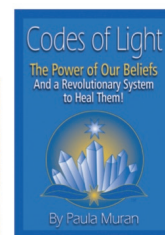
Developed and created the Sovereign Light System of Emotional Healing — a comprehensive healing program.



Leads life-changing tours and retreats around the world.



Narrator and producer of the best selling guided meditation CD, *Purify the Body Temple*.



Author—*Codes of Light—The Power of Our Beliefs*.

TOPIC HIGHLIGHTS –

- Awaken to Your Enlightenment
- Purify the Body Temple
- Body Messages — Discover What Your Body is Saying!
- Off the Mat Yoga — ‘Know the Self’